

## EMBASSY OF THE STATE OF KUWAIT CULTURAL DIVISION

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## **Dear Students**

I hope that all of you are safe and sound

With the evolving situation of the Corona virus in the U.S., it is of outmost importance that you follow the CDC, your university, and local authority's guidelines of remaining in your home to minimize your chance of contracting the virus.

Please make sure that you have enough supplies (i.e. food and water) for the next couple of weeks.

For those of you who expressed their concerns regarding the limited water and food supplies at local grocery stores, please note of the following stores and food suppliers where you can shop for groceries and other necessities online:

- https://grocery.walmart.com/
- https://www.instacart.com/store/costco/storefront
- https://www.peapod.com/
- <a href="https://www.amazon.com/fmc/learn-more">https://www.amazon.com/fmc/learn-more</a>
- https://www.target.com/c/grocery/-/N-5xt1a?Nao=0
- https://www.kroger.com/i/ways-to-shop/pickup
- https://www.wholefoodsmarket.com/grocery-delivery-and-pickup
- https://www.safeway.com/

As a reminder, we strongly encourage you to take the necessary precautions:

- Remain at home. If you must leave your home for any urgent cases, practice social distancing (at least 6 feet away) and refrain from going to crowded places
- Frequently wash your hands with soap and water (wash your hands for at least 20 seconds)
- Avoid touching your face, nose

Please stay safe and healthy. Do not hesitate to contact our office should you have any questions or concerns